

# MIZELL CENTER

## September 2022 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Menu Subject to Change Without Notice</i></p>		<p><i>Milk Provided With Every Meal</i></p>	<p><b>1</b> Pork Crumble Mac &amp; Cheese Edamame Whole Wheat Roll Pineapple Tidbits</p>	<p><b>2</b> Beef Stew w/potatoes, Carrots Tri Color Cauliflower Mix Whole Wheat Roll Pineapple Tidbits, Cake</p>
<p><b>5</b>  <b>Labor Day Center Closed</b></p>	<p><b>6</b> Chicken Cacciatore Brown Rice Lima Beans Whole Wheat Roll Apple</p>	<p><b>7</b> Tuna Salad Sandwich On Wheat Hoagie Roll Lettuce &amp; Tomato Mediterranean Salad Sun Chips, Diced Pears</p>	<p><b>8</b> BBQ Chicken Garden Vegetables Mashed Potatoes Whole Wheat Roll, Apple</p>	<p><b>9</b> Pork Chile Verde Rancho Fiesta Mix Jasmine Rice Mandarin Oranges</p>
<p><b>12</b> Meatloaf Mashed Potatoes 5-way Vegetables Whole Wheat Roll Juice &amp; Yogurt</p>	<p><b>13</b> Chicken Parmesan Pasta Winter Blend Vegetables Whole Wheat Roll Apple</p>	<p><b>14</b> Baked Ziti with Sausage San Francisco Blend Veggies Garlic Bread Diced Peaches</p>	<p><b>15</b> Hamburger on Wheat Bun Cole Slaw Tater Tots Mandarin Oranges</p>	<p><b>16</b> Vegetable Lasagna Tri Color Cauliflower Mix Whole Wheat Roll Banana</p>
<p><b>19</b> Salisbury Steak Mashed Potatoes &amp; Gravy Scandinavian Vegetables Whole Wheat Roll Juice &amp; Yogurt</p>	<p><b>20</b> Chicken Caesar Salad Saltine Crackers Diced Peaches</p>	<p><b>21</b> Teriyaki Chicken Asian Vegetables Jasmine Rice Hawaiian Roll Pineapple Cup</p>	<p><b>22</b> Chicken Pot Pie Italian Vegetables Whole Wheat Roll Banana</p>	<p><b>23</b> Spaghetti with Meat Sauce Italian Vegetables Garlic Bread Mandarin Oranges</p>
<p><b>26</b> 2-Cheese Enchilada Chuck Wagon Corn Quinoa &amp; Brown Rice Blend Juice &amp; Yogurt</p>	<p><b>27</b> Carbonara with Diced Ham Italian Vegetables Garlic Bread Mandarin Oranges</p>	<p><b>28</b> Roast Turkey Sandwich On Wheat Hoagie Roll Beet &amp; Garbanzo Salad Baked Potato Chips Tropical Fruit</p>	<p><b>29</b> Sweet &amp; Sour Chicken Asian Vegetable Blend Jasmine Rice Hawaiian Roll, Pineapple Cup</p>	<p><b>30</b> Salmon w/Balsamic Sauce Roasted Brussel Sprouts Rice Pilaf Whole Wheat Roll, Pear Cup</p>