



Monday	Tuesday	Wednesday	Thursday
<p>WEEKEND MEAL'S</p> <p>THURSDAY(S) = 1 FRIDAY(S) = 1</p> <p>Due to Product Availability, Menu Subject to Change</p>			
<p>HIGH SODIUM DAY</p>		<p>Baked Cod w/ Tarter Sauce Japanese Blend Vegetables, Quinoa, Kale, Edamame Rice, Roll, Fruit Cocktail Milk</p>	<p>Pork Crumble Mac & Cheese Edamame, Roll Mandarin Oranges, Milk</p>
<p>Herb Baked Chicken Scandinavian Vegetable, Rice Pilaf, Roll, Jell-O Cup, Yogurt, Milk</p>	<p>Chicken Caesar Salad Parmesan, Dressing Ranch, Saltine Crackers, Pineapple Tidbits, Milk</p>	<p>Spaghetti w/Meat Sauce, Mushrooms & Bell pepper Italian Vegetable, Garlic Bread, Diced Pear Milk</p>	<p>Teriyaki Chicken Asian Vegetables, Jasmine Rice Hawaiian Roll Apple Milk</p>
<p>Beef Enchiladas w/ Red sauce Chuckwagon Corn, Aztec Rice, Yogurt, Juice, Milk</p>	<p>Egg Salad Sandwich Mediterranean salad Lettuce Leaf Tomato Slice, Bread, Apple Milk</p>	<p>BBQ Chicken Garden Vegetables, Mashed Potatoes, Roll, Diced Peaches Milk</p>	<p>Hamburger w/ Tater Tots (Lettuce, tomato & Bun) Coleslaw, Mandarin Oranges Milk</p>
<p>Chicken Salad Sandwich (Bun, Lettuce Leaf Tomato slice) Beet & Garbanzo Salad, Bread, Yogurt Juice, Milk</p>	<p>Salisbury Steak w/Gravy Brussels Sprouts w/ Fajita veggies, Mashed Potatoes w/gravy, Wheat Roll, Diced Peaches Milk</p>	<p>Sweet & Sour Chicken Oriental Vegetable Blend, Hawaiian Roll, Margarine, Pineapple, Milk</p>	<p>Meat Loaf Sweet Potato Mash, Garlic Parmesan Asparagus, Roll, Banana, Milk</p>
<p>Shepherd's Pie Mashed Potatoes, Caribbean Vegetables, Roll, Yogurt, Juice, Milk</p>	<p>Roasted Turkey Sandwich (w/Hoagie Roll, Lettuce Leaf & Tomatoes), Beet & Garbanzo Salad, Baked Potato Chips, Mandarin Orange, Milk</p>	<p>Salmon w/ Balsamic Sauce Roasted Brussels Sprouts, Rice Pilaf, Mixed Topical Fruit, Milk</p>	<p>Beef Lasagna (Beef) Italian Vegetables, Garlic Bread, Orange, Milk</p>
			<p>Oven Fried Chicken w/Gravy Potatoes O'Brian w/bell peppers. Carrots & Peas, Wheat Roll, Pineapple Tidbits Milk</p>

