








December 2024 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Vegetable Lasagna Edamame Roll Juice Yogurt, Milk	3  Chicken Caesar Salad (Romaine, HB Egg, Parmesan cheese, Croutons) Saltine Crackers, Dressing Pineapple Tidbits, Milk	4 Salmon w/Balsamic Sauce Rice Pilaf Roasted Brussels Sprouts Roll, Diced Pear Milk	5 Teriyaki Chicken Asian Vegetables Jasmine Rice Hawaiian Roll Apple, Milk	6 Pork Chile Verde (onions and potatoes) Rancho Fiesta Mix Cilantro Lime Rice Roll, Mandarin Orange, Milk
9 Beef Enchilada in Red Sauce Chuckwagon Corn Aztec Rice Juice, Yogurt, Milk	10 Beef Stew w/Potatoes & Carrots Tricolor Cauliflower Roll, Cake Milk	11 BBQ Chicken Garden Vegetables Mashed Potato Roll, Diced Peaches, Milk	12 Chicken w/Greens Salad (Romaine, Tomatoes, Carrots, Mozzarella Cheese) Focaccia Bread Mandarin Oranges Milk	13 Pollo Al La Firenze Bowtie Pasta Roasted Zucchini Roll Banana Milk
16 Chicken Salad Sandwich Lettuce & Tomato Beet & Garbanzo Salad Juice, Yogurt, Milk	17 Salisbury Steak w/Gravy Roasted Brussels Sprouts Mashed Potatoes Roll, Diced Peaches Milk	18 Sweet & Sour Chicken Fried Brown Rice Sauteed Bok Choy Hawaiian Roll Pineapple, Milk	19 Spaghetti w/Meatballs, Marinara Sauce Italian Blend Veggies Garlic Bread, Banana Milk	20  Tuna Salad Sandwich Lettuce & Tomato Mediterranean Salad Baked Chips, Mandarin Oranges, Milk
23 Roasted Turkey Sandwich Lettuce & Tomato Beet & Garbanzo Salad Baked Potato Chips Juice, Yogurt, Milk	24 Chicken Marsala Egg Noodles Roasted Zucchini Cake Milk	25 CLOSED 	26 Veal Cacciatore Farfalle Pasta Peas, Roll Orange Milk	27 Oven Fried Chicken w/Country Gravy Roasted Potatoes Carrots & Peas Roll, Pineapple Tidbits Milk
30 Crab Cakes Potatoes O'Brien Broccoli Roll, Juice, Yogurt, Milk	31 Chicken Florentine Farfalle Pasta Key Largo Vegetables Roll, Orange Milk	 =High Sodium Day	NOTE FROM NUTRITION DEPARTMENT: *** Menu subject to change*** <i>Especially during these challenging Time product may not be always available.</i>	



Diciembre 2024 Menu



LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
2 Lasagna Vegetal Edamame Panecillo Jugo, Yogur, Leche	3  Ensalada Caesar c/Pollo (Lechuga, Huevo, Queso Parmesan, Crutones) Galletas Saladas Adereso, Piña, Leche	4 Salmon c/Salsa Balsamica Arroz Pilaf Coles De Bruselas Asadas Panecillo, Peras En Cubitos Leche	5 Pollo Teriyaki Arroz Jasmin Vegetal Asiatico Panecillo Hawaiano Manzana, Leche	6 Chile Verde de Puerco (cebolla y papa) Vegetal Rancho Fiesta Arroz c/Cilantro Y Limon Panecillo Mandarina, Leche
9 Enchiladas de Res en Salsa Roja Elote Chuckwagon Arroz Azteca Jugo, Yogurt, Leche	10 Estofado De Carne Patatas Y Zanahorias Coliflor Tricolor Panecillo, Pastel Leche	11 Pollo BBQ Garden Vegetal Pure de Papa Panecillo Durazno Picado, Leche	12 Pollo c/Ensalada Verde (Lechuga Romana, Tomate, Zanahorias, Queso Mozzarella) Pan Focaccia, Mandarinas Leche	13 Pollo A La Firenze Pasta De Pajarita Calabacin Asado Panecillo, Platano Leche
16 Sandwich de Ensalda de Pollo c/Lechuga y Tomate Ensalada de Remolacha y Garbanzo Jugo, Yogurt, Leche	17 Salisbury Steak c/Gravy Bruselas Rostisadas Pure de Papa Panecillo Durazno Picado, Leche	18 Pollo Agridulce Arroz Intregal Frito Bok Choy Salteado Rollo Hawaiano, Pina Leche	19 Espaguetis c/Albondigas y Salsa Marinara Mezcla De Verduras Italianas Pan De Ajo, Platano Leche	20  Sandwich De Ensalada De Atun, Lechuga Y Tomate, Ensalada Mediterranea Patatas Fritas Horneadas Mandarinas, Leche
23 Sandwich De Pavo Asado Lechuga Y Tomate, Ensalada De Remolacha Y Garbanzos, Patatas Fritas Horneadas, Jugo, Yogur, Leche	24 Pollo Marsala Fideos De Huevo Calabacin Asado Pastel, Leche	25 <div style="text-align: center;">  <p>CERRADO <i>Feliz Navidad</i></p> </div>	26 Ternera A LA Cazadora Pasta Farfalle Guisantes, Panecillo Naranja, Leche	27 Pollo Frito Al Horno c/Salsa Campestre Patatas Asadas, Panecillo Zanahorias Y Guisantes Pina, Leche
30 Pastel De Congrejo Pastatas O'Brien Brocoli Pan Jugo, Yogur, Leche	31 Pollo A La Florentina Pasta Farfalle Verduras De Key Largo Panecillo, Naranja Leche	 = Dia De Alto Sodio	<div style="text-align: center;"> <p>NOTA del Departamento de Nutrición: *** Menú sujeto a Cambios*** Especialmente durante estos tiempos, los productos pueden no estar disponible.</p> </div>	

