

Menu subject to change based on product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken w/Greens Salad (Romaine, Tomatoes, Carrots, Mozzarella Cheese) Roll Juice, Yogurt, Milk	2 Herb Baked Chicken Parmesan Spinach Orzo Roasted Zucchini Roll, Cake Milk	3 Beef Stroganoff Egg Noodles Buttered Peas Roll, Tropical Fruit Milk	4 Greek Chicken Salad (Lettuce, Cucumber, Tomato, Red Onion, Kalamata Olives, Feta Cheese) Roll, Mandarin Oranges, Milk	5 Tuna Salad Sandwich Lettuce & Tomato Mediterranean Salad Baked Chips, Pineapple Milk
8 Vegetable Lasagna Edamame Roll Juice, Yogurt, Milk	9 Chicken Caesar Salad (Lettuce, HB Egg, Parmesan, Croutons, Saltine Crackers) Pineapple Milk	10 Salmon w/Balsamic Sauce Rice Pilaf Roasted Brussels Sprouts Roll, Diced Pear Milk	11 Teriyaki Chicken Jasmine Brown Rice Asian Vegetables Hawaiian Roll, Apple Milk 	12 Pork Chili Verde Cilantro Lime Rice Rancho Fiesta Mix Roll, Mandarin Oranges Milk
15 Beef Enchiladas w/Red Sauce Aztec Rice Chuckwagon Corn Juice, Yogurt, Milk 	16 BBQ Chicken Mashed Potato Garden Vegetables Roll, Cake Milk	17 Beef Stew Potatoes & Carrots Tricolor Cauliflower Roll, Diced Peaches Milk	18 Po'Boy Catfish Sandwich  Tomato & Cabbage French Fries Mandarin Oranges Milk	19 Pollo A La Firenze Bowtie Pasta Roasted Zucchini Roll, Banana Milk
22 Chicken Salad Sandwich Lettuce & Tomato Beet & Garbanzo Salad Juice, Yogurt, Milk	23 Salisbury Steak w/Gravy Mashed Potatoes Brussels Sprouts w/Fajitas Roll, Diced Peaches Milk	24 Sweet & Sour Chicken Fried Brown rice Sautéed Bok Choy Hawaiian Roll, Pineapple Milk	25 CENTER CLOSED 	26 CENTER CLOSED 
29 Roasted Turkey Sandwich Lettuce & Tomato Beet & Garbanzo Salad Baked Chips Juice, Yogurt, Milk	30  Bangers & Mash Sausage, Mashed Potato Peas Roll, Cake Milk	31 Chicken Marsala Egg Noodle Roasted Zucchini Roll, Mixed Tropical Fruit Milk	 = High Sodium Day	

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LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
1 Pollo c/Ensalada Verde (Romaine, Tomate, Zanahorias, Queso Mozzarella) Panecillo Jugo, Yogur, Leche	2 Pollo Al Horno c/Hierbas Orzo De Espinacas c/Parmesano, Calabacin Asado Panecillo, Pastel Leche	3 Estofado De Ternera Fideos De Huevo Guisantes c/Mantequilla Panecillo, Fruta Tropical Leche	4 Ensalada Griega De Pollo (Lechuga, Pepino, Tomate, Cebolla Roja, Ka;amata Olives, Queso feta) Panecillo Mandarinas, Leche	5 Sandwich De Ensalada De Atun Lechuga Y Tomate Ensalada Mediterranea Patatas Fritas Horneadas Pina, Leche
8 Lasana De Verduras Edamame Panecillo Jugo, Yogur, Leche	9 Ensalada Cesar De Pollo (Lechuga, Huevo, Queso Parmesano, Crutones, Galletas Saladas), Pina Leche	10 Salmon c/Salsa Balsamica Arroz Pilaf Coles De Bruselas Asadas Panecillo, Pera Leche	11 Pollo Teriyaki Arroz Integral Jazmin Verduras Asiaticas Pan Hawaiiano, Manzana, Leche	12 Chile Verde c/Cerdo Arroz c/Cilantro Y Lima Verdura Rancho Fiesta Panecillo, Mandarinas Leche
15 Enchiladas De Carne c/Salsa Roja, Arroz Azteco Elote Chuckwagon Jugo, Yogur, Leche	16 Pollo c/BBQ Pure De Papa Verduras Del Huerto Panecillo, Pastel Leche	17 Estofado De Ternera Patatas Y Zanahorias Coliflor Tricolor Panecillo, Durazano Leche	18 Sandwich de Bagre Po'Boy Tomate Y Repollo Papas Fritas Mandarinas Leche	19 Pollo A LA Firenze Pasta De Pajarita Calabacin Asado Panecillo, Platano Leche
22 Sandwich De Ensalada De Pollo Lechuga Y Tomate Ensalada De Remolacha Y Garbanzos Jugo, Yogur, Leche	23 Filete Salisbury c/Salsa Pure De Papa Coles De Bruselas Asadas c/Fajitas, Panecillo Durazno, Leche	24 Pollo Agridulce Arroz Integral Frito Bok Choy Salteado Panecillo Hawaiiano, Pina Leche	25 CENTRO CERRADO 	26 CENTRO CERRADO 
29 Sandwich De Pavo Asado Lechuga Y Tomate Ensalada De Remolacha Y Garbanzos, Patatas Fritas Horneadas Jugo, Yogur, Leche	30 Bangers & Mash Salchichas, Pure De Papa Guisantes Panecillo, Pastel Leche	31 Pollo Marsala Fideos De Huevo Calabacin Asado Panecillo, Fruta Mixta Tropical Leche	 =Dia De Alto Sodio	