










Menu subject to change based on product availability.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| 3 Philly Cheese Steak Sandwich  Baked Potato Wedges Side Salad Juice, Yogurt, Milk | 4 Chicken Parmesan Farfalle Pasta Italian Vegetables Roll, Mandarin Oranges Milk | 5 Swedish Meatballs Egg Noodles Winter Blend Veggies Roll, Fruit Cocktail Milk | 6 Red Snapper w/Creamy Piccata Corn Tomato Hash Parmesan Asparagus Roll, Orange Milk | 7 Chili w/Beef and Beans Cornbread Tri Color Cauliflower Cake Milk |
| 10 Chicken Salad Sandwich Lettuce & Tomato Beet & Garbanzo Salad Baked Potato Chips Juice, Yogurt, Milk | 11 <u>CENTER CLOSED</u> THANK YOU VETERANS  | 12 Chicken Alfredo Farfalle Pasta San Francisco Blend Roll, Apple Sauce Milk | 13 Steak Salad (Lettuce, Greens, Corn, Tomato, Red Onion, Queso Fresco, Pepitas) Roll Diced Peaches, Milk | 14  Baked Glazed Ham Mashed Sweet Potatoes Green Beans Roll, Mandarin Oranges Milk |
| 17  Crab Cakes Potatoes O'Brien Broccoli Roll Juice, Yogurt, Milk | 18 Shepard's Pie Mashed Potato Lima Beans Roll, Orange Milk | 19 Chicken Florentine Farfalle Pasta Key Largo Vegetables Roll, Fruit Cocktail Milk | 20 Salmon w/Balsamic Sauce Rice Pilaf Roasted Brussels Sprouts Roll, Cake Milk | 21 Grilled Chicken Sandwich w/Cheese, Lettuce & Tomato Creamy Parm & Garlic Pasta Salad, Pineapple Milk |
| 24  Cheese/Herb Raviolis w/Marinara Sauce Peas Garlic Bread Juice, Yogurt, Milk | 25 Tilapia w/Pineapple Salsa Rice Pilaf Carrots Mandarin Oranges Milk | 26 Roasted Turkey w/Gravy Sweet Potato Medley Cornbread Stuffing Tropical Fruit Milk | 27 <u>CENTER CLOSED</u>  | 28 <u>CENTER CLOSED</u>  |
|  =High Sodium Meal |  | | | |

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| 3  Sandwich De Filete Philly c/Queso Gajos De Patata Al Horno Ensalada De Acompamiento Jugo, Yogur, Leche | 4 Pollo Parmesano Pasta Farfalle Verdura Italianas Panecillo, Mandarinas Leche | 5 Albondigas Suecas Fideos De Huevo Mezcla De Verduras De Invierno, Coctel De Frutas Leche | 6 Pargo Rojo c/Piccata Cremosa Hash De maiz Y Tomate Esparragos Parmesanos Panecillo, Naranja Leche | 7 Chile c/Carne Y Frijoles Pan De Maiz Coliflor Tricolor Pastel leche |
| 10 Sandwich De Ensalada De Pollo Lechuga Y Tomate, Ensalada De Remolacha Y Garbanzos, Papas Fritas Al Horno Jugo, Yogur, Leche | 11 <u>CENTRO CERRADO</u> THANK YOU VETERANS  | 12 Pollo Alfredo Pasta Farfalle Verdura Mezcla San Francisco Panecillo, Salsa De Manzana Leche | 13 Ensalada De Bistec (lechuga, Elote, Cebolla, Queso Fresco, Pepitas) Panecillo Durazano Leche | 14  Jamon Glaseado Al Horno Pure De Batatas Judias Verdes Panecillo, Mandarinas Leche |
| 17  Pastel De Cangrejo Patatas O'Brien Brocoli Panecillo Jugo, Yogur, Leche | 18 Pastel De Pastor Pure De Papa Habas Panecillo, Naranja Leche | 19 Pollo Florentino Pasta Farfalle Verdura Key Largo Panecillo, Coctel De Frutas Leche | 20 Salmon c/Salsa Balsamica Arroz Pilaf Coles De Bruselas Asadas Panecillo, Pastel Leche | 21 Sandwich De Pollo A La Parrilla c/Queso, Lechuga Y Tomate Ensalada Cremosa De Pasta c/Parmesano Y Ajo, Pina Leche |
| 24  Raviolis De Queso Y Hierbas Guisantes Pan De Ajo Jugo, Yogur, Leche | 25 Tilapia c/Salsa De Pina Arroz Pilaf Zanahorias Panecillo, Mandarinas Leche | 26 Pavo Asado c/Salsa Mezcla De Batata Pan De Maiz Naranja Leche | 27 <u>CENTRO CERRADO</u>  | 28 <u>CENTRO CERRADO</u>  |
|  =High Sodium Meals |  | | | |