

Menu subject to change based on product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Philly Cheese Steak Sandwich Baked Potato Wedges Side Salad Juice, Yogurt, Milk	3 Chicken Parmesan Farfalle Pasta Italian Vegetables Roll, Mandarin Orange Milk	4 Swedish Meatballs Egg Noodles Winter Blend Veggies Roll, Fruit Cocktail Milk	5 Red Snapper w/Creamy Piccata Corn Tomato Hash Parmesan Asparagus Roll, Orange Milk	6 Chili w/Beef & Beans Tri Color Cauliflower Cornbread Cake Milk
9 Chicken Salad Sandwich Lettuce & Tomato Beet & Garbanzo Salad Baked Potato Chips Juice, Yogurt, Milk	10 Pork Loin w/Gravy Mashed Potatoes Corn Roll, Orange Milk	11 Chicken Alfredo Farfalle Pasta San Francisco Blend Roll, Apple Sauce Milk	12 Steak Salad (Mixed Greens, Lettuce, Corn, Tomato, Onion, Queso Fresco, Pepitas), Roll, Diced Peaches Milk	13 Catfish Po'Boy Slaw Mix w/Sliced Tomatoes French Fries Mandarin Oranges, Milk
16 CENTER CLOSED 	17 Crab Cakes Potatoes O'Brien Broccoli Roll, Orange Milk	18 Chicken Florentine Farfalle Pasta Key Largo Vegetables Roll, Fruit Cocktail Milk	19 Salmon w/Balsamic Sauce Rice Pilaf Roasted Brussels Sprouts Roll, Cake Milk	20 Grilled Chicken Sandwich w/Cheese, Lettuce & Tomato Creamy Parm & garlic Pasta Salad, Pineapple Milk
23 Lobster Ravioli w/Parma Rosa Sauce Peas Garlic Bread Juice, Yogurt, Milk	24 Tilapia w/Pineapple Salsa Rice Pilaf Carrots Mandarin Oranges Milk	25 Roasted Turkey w/Gravy Sweet Potato Medley Cornbread Stuffing Tropical Fruit Milk	26 Meat Loaf Redskins & Vegetables Chuckwagon Corn Roll, Orange Milk	27 Oven Fried Chicken w/Country Gravy, Mashed Potatoes Broccoli Roll, Peaches Milk
 =High Sodium Day				

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LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
2 Filete De Queso De Filadelfia Gajos De Patata Al Horno Ensalada De Acompañamiento Jugo, Yogur, Leche	3 Pollo A La Parmesana Pasta Farfalle Verduras Italianas Panecillo, Mandarinas Leche	4 Albondigas Suecas Fideos De Huevo Verduras De Mezcla De Invierno, Panecillo Coctel De Frutas, Leche	5 Pargo Rojo c/Salsa Piccata Cremosa, Picadillo De Maiz Y Tomate, Esparragos c/Parmesano, Panecillo Naranja, Leche	6 Chili c/Carne Ternera Y Frijoles Coliflor Tricolor Pan De Maiz Pastel Leche
9 Sandwich De Ensalada De Pollo Lechuga Y Tomate Ensalada De Remolacha Y Garbanzos, Patata Frita Al Horno, Jugo, Yogur, Leche	10 Lomo De Cerdo c/Salsa Pure De Papa Elote Panecillo, Naranja Leche	11 Pollo Alfredo Pasta farfalle Mezcla San Francisco Panecillo, Pure De Manzana Leche	12 Ensalada De Bistec (Lechuga, Elote, Tomate, Cebolla, Queso Fresco, Pepitas) Panecillo, Durazanos Leche	13 Sandwich Po'Boy De Bagre Mezcla De Ensalada De Col c/Tomate, Papas Fritas Mandarina Leche
16 CENTRO CERRADO 	17 Pastel De Cangrejo Patatas O'Brien Brocoli Panecillo, Naranja Leche	18 Pollo Florentino Pasta Farfalle Vegetales Key Largo Panecillo, Coctel De Frutas Leche	19 Salmon c/Salsa Balsamica Arroz Pilaf Coles De Bruselas Asadas Panecillo, Pastel Leche	20 Sandwich De Pollo A La Parrilla c/Queso, Lechuga Y Tomate Ensalada De Pasta Cremosa c/Parmesano Y Ajo, Pina Leche
23 Ravioles De Langosta c/Salsa Parma Rosa Guisantes Pan De Ajo Jugo, Yogur, Leche	24 Tilapia c/Salsa de Pina Arroz Pilaf Zanahorias Panecillo, Mandarina Leche	25 Pavo Asado c/Salsa Mezcla De Batatas Relleno De Pan De Maiz Fruta Tropical Leche	26 Carne Mechada Pielas Rojas Y Verduras Elote Chuckwagon Panecillo, Naranja Leche	27 Pollo Frito Al Horno c/Salsa Campestre, Pure De Papa Brocoli Panecillo, Durazano Leche
 =Dia De Alto Sodio				