









Menu subject to change based on product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Marsala Egg Noodles Roasted Zucchini Roll, Tropical Fruit Milk	2 Veal Cacciatore Pasta Farfalle Green Beans Roll, Orange Milk	3 Oven Fried Chicken w/Country Gravy, Roasted Potatoes Carrots & Peas Roll, Pineapple Milk
6 Cheese & Herb Raviolis w/Marinara Sauce Lima Beans Roll Juice, Yogurt, Milk 	7 Cajun Lemon Tilapia Brown Rice Pilaf Green Beans Roll, Mixed Fruit Milk	8 Chicken Pot Pie Mashed Potato Broccoli Roll, Apple Milk	9 Baked Ziti w/Sausage San Francisco Blend Garlic Bread Diced Peaches Milk 	10 Roasted Chicken Skinless Breast, Farfalle Pasta Broccoli Au Gratin Roll, Mandarin Oranges Milk
13 Crab Cake Roasted Potatoes Mixed Vegetables Roll Juice, Yogurt, Milk	14 Spaghetti w/Meat Sauce & Mushrooms Italian Vegetables Garlic Bread, Orange Milk	15 Baked Cod Quinoa, Kale & Edamame Rice Roasted Zucchini Roll, Diced Peaches Milk	16 Baked Glazed Ham  Mashed Sweet Potatoes Green Beans Roll, Mandarin Oranges Milk	17 Hamburger Lettuce & Tomato Coleslaw Tater Tots, Pineapple Milk
20 Chef Salad (Lettuce, Ham, Turkey, Cheese, Egg, Tomato) Saltine Crackers Juice, Yogurt, Milk	21 Chicken Enchilada w/Green Salsa, Aztec Brown Rice Mixed Vegetables Peaches Milk	22 Beef Lasagna Italian Vegetables Garlic Bread Mandarin Oranges Milk 	23 Oven Fried Chicken w/Country Gravy, Sweet Potato Medley Carrots Roll, Orange Milk	24 Pork Carnitas Mexican Rice Corn Roll, Pineapple Milk
27 Carbonara w/Ham  Penne Pasta Italian Vegetables Roll Juice, Yogurt, Milk	28 Blackened Pangasius w/Garlic Aioli, Rice Pilaf Sauteed Peppers & Onions Roll, Pineapple Milk	29 Egg Salad Sandwich Lettuce & Tomato Couscous Salad w/Balsamic Vinaigrette, Baby Carrots Orange, Milk	30 Pork Crumble Mac & Cheese Edamame Garlic Bread Orange Milk	 =High Sodium Day

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LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
		1 Pollo Marsala Fideos De Huevo Calabacin Asado Panecillo, Frutas Tropicales Leche	2 Ternera Cazadora Pasta Farfalle Judias Verdes Panecillo, Naranja Leche	3 Pollo Frito Al Horno c/Salsa Campestre, Patatas Asadas Zanahorias Y Guisantes Panecillo, Pina Leche
6 Raviolis De Queso Y Hierbas c/Salsa Marinara Habas Panecillo Jugo, Yogur, Leche	7 Tilapia Al Limon Cajun Pilaf De Arroz Integral Judias Verdes Panecillo, Manzana Leche	8 Pastel De Pollo Pure De Papa Broccoli Panecillo, Fruta Mixta Leche	9 Ziti Al Horno c/Salchicha Mezcla De San Francisco Pan De Ajo Duraznos Leche	10 Pechuga De Pollo Asada Sin Piel, Pasta Farfalle Brocoli Gratinado Panecillo, Mandarinas Leche
13 Pastel De Cangrejo Patatas Asadas Verduras Mixtas Panceillo Jugo, Yogur, Leche	14 Espaguetis c/Salsa De Carne Y Champinones Verduras Italianas Pan De Ajo, Naranja Leche	15 Bacalao Al Horno Arroz c/Quinoa, Col Rizada Y Edamame, Calabacin Asado Panecillo, Duraznos Leche	16 Jamon Glaseado Al Horno Pure De Batatas Judias Verdes Panecillo, Mandarinas Leche	17 Hamburguesa Lechuga Y Tomate Ensalada De Col Tater Tots, Pina Leche
20 Ensalada Del Chef (Lechuga, Jamon, Pavo, Queso, Huevo, Tomate) Galletas Saladas Jugo, Yogur, Leche	21 Enchilada De Pollo c/Salsa Verde, Arroz Integral Azteco Verdura Mixtas Durazanos Leche	22 Lasana De Carne Verdura Italianas Pan De Ajo Mandarinas Leche	23 Pollo Frito Al Horno c/Salsa Campestre, Mezcla De Batata Zanahorias Panecillo, Naranja Leche	24 Carnitas De Cerdo Arroz Mexicano Elote Panecillo, Pina Leche
27 Carbonara c/Jamon Pasta Penne Verdura Italianas Panecillo Jugo, Yogur, Leche	28 Pangasius Ennegrecido c/Aioli De Ajo, Arroz Pilaf Pimientos Y Cebollas Salteados, Panecillo Naranja, Leche	29 Sandwich De Ensalada De Huevo, Lechuga Y Tomate Ensalada De Cuscus c/Vinagreta Balsamica, Zanahorias, Pina, Leche	30 Macarrones c/Queso Y Crumble De Cerdo Edamame Pan De Ajo, Naranja Leche	 =Dia De Alto Sodio