








Menu subject to change based on product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Easy Carbonara w/Diced Ham  Penne Pasta Italian Vegetables Roll Juice, Yogurt, Milk	<b>2</b> Herb Baked Chicken Parmesan Spinach Orzo Roasted Zucchini Roll, Cake Milk 	<b>3</b> Tuna Salad Sandwich Mediterranean Salad Baked Chips Tropical Fruit Milk	<b>4</b> Greek Chicken Salad (Lettuce, Cucumber, Tomato, Onion, Kalamata Olives, feta Cheese, Italian Dressing) Roll Mandarin Oranges, Milk	<b>5</b> Beef Stroganoff Egg Noodles Peas Roll, Pineapple Milk
<b>8</b> Vegetable Lasagna Edamame Roll Juice, Yogurt, Milk	<b>9</b> Chicken Caesar Salad (Lettuce, HB Egg, Parmesan, Croutons) Saltine Crackers Pineapple Milk	<b>10</b> Salmon w/Balsamic Sauce Rice Pilaf Roasted Brussels Sprouts Diced Pear Milk	<b>11</b> Teriyaki Chicken Jasmin Brown Rice Asian Vegetables Hawaiian Roll, Apple Milk	<b>12</b> Pork Chili Verde Potatoes & Onions Cilantro Lime Rice Rancho Fiesta Mix, Roll Mandarin Oranges, Milk
<b>15</b> Beef Enchiladas w/Red Sauce Aztec Brown Rice Chuckwagon Corn Juice, Yogurt, Milk	<b>16</b> BBQ Chicken Mashed Potato Garden Vegetables Roll, Cake Milk	<b>17</b> Beef Stew Potatoes & Carrots Tricolor Cauliflower Roll, Peaches Milk	<b>18</b> Roasted Turkey w/Gravy Mashed Potatoes Green Beans Roll, Mandarin Oranges Milk	<b>19 CENTER CLOSED</b> 
<b>22</b> Chicken Salad Sandwich Lettuce & Tomato Beet & Garbanzo Salad Juice, Yogurt, Milk	<b>23</b> Salisbury Steak w/Gravy Mashed Potato Brussels Sprouts w/Fajitas Roll, Peaches Milk	<b>24</b> Sweet & Sour Chicken Fried Brown Rice Sautéed Bok Choy Hawaiian Roll, Pineapple Milk	<b>25</b> Spaghetti w/Meatballs & Marinara Italian Blend Vegetables Garlic Bread, Banana Milk	<b>26</b> Butter Chicken Brown Rice Steamed Spinach Naan Bread, Mandarin Oranges Milk
<b>29</b> Roasted Turkey Sandwich Lettuce & Tomato Beet & Garbanzo Salad Juice, Yogurt, Milk	<b>30</b>  Bangers & Mash (Sausage & Mashed Potato) Peas Roll, Cake Milk	 =High Sodium Day		

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LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
<b>1</b> Carbonara c/Jamon  Pasta Penne Verdura Italiana Panecillo Jugo, Yogur, Leche	<b>2</b> Pollo Al Horno c/Hierbas Orzo c/Espinacas Y Parmesano Calabacin Asado Panecilo, Pastel  Leche	<b>3</b> Sandwich De Ensalada De Atun Ensalada Mediterranea Papitas Horneados Fruta Tropical Leche	<b>4</b> Ensalada Griega De Pollo (Lechuga, Pepino, Tomate, Cebolla, Aceitunas Kalamata, Queso Feta, Aderezo Italiano) Panecillo, Mandarina, Leche	<b>5</b> Ternera Stroganoff Fideos De Huevo Guisantes Panecillo, Pina Leche
<b>8</b> Lasana De Verduras Edamame Panecillo Jugo, Yogur, Leche	<b>9</b> Ensalada Cesar c/Pollo (Lechuga, Huevo Duro, Parmesano, Picatostes) Galletas Saladas Pina, Leche	<b>10</b> Salmon c/Salsa Balsamica Arroz Pilaf Coles De Bruselas Asadas Pera Leche	<b>11</b> Pollo Teriyaki Arroz Integral Jazmin Verduras Asiaticas Panecillo Hawaiiano Manzana, Leche	<b>12</b> Chile Verde De Cerdo Papas Y Cebolla, Panecillo Arroz c/Cilantro Y Lima Mixta Rancho Fiesta Mandarina, Leche
<b>15</b> Enchilada De Res c/Salsa Roja Arroz Integral Azteca Elote Chuckwagon Jugo, Yogur, Leche	<b>16</b> Pollo BBQ Pure De Papa Verduas De Huerta Panecillo, Pastel Leche	<b>17</b> Estofado De Ternera Papas Y Zannahorias Coliflor Tricolor Panecillo, Durazno Leche	<b>18</b> Pavo Asado c/Salsa Pure De Papa Judias Verdes Panecillo, Mandarina Leche	<b>19</b> <b>CENTRO CERRADO</b> 
<b>22</b> Sandwich De Ensalada De Pollo Ensalada De Remolacha Y Garbanzos, Lechuga Y Tomate Jugo, Yogur, Leche	<b>23</b> Filete Salisbury c/Salsa Pure De Papa Coles De Bruselas c/Fajitas Panecillo, Durazno Leche	<b>24</b> Pollo Agridulce Arroz Integral Frito Bok Choy Salteado Panecillo Hawaiiano, Pina Leche	<b>25</b> Espagueti c/Albondigas Y Marinara Verdura Italianas Pan De Ajo, Platano Leche	<b>26</b> Pollo A La Mantequilla Arroz Intregal Espinacas Al Vapor Pan Naan, Mandarinas Leche
<b>29</b> Sandwich De Pavo Asado Ensalada De Remolacha Y Garbanzos, Lechuga Y Tomate Jugo, Yogur, Leche	<b>30</b>  Bangers & Mash (Salichicha Y Pure De Papa) Guisantes Panecillo, Pastel Leche	 =Dia De Alto Sodio		