









Menu subject to change based on product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 =High Sodium Day	1 Chicken Marsala Egg Noodles Roasted Zucchini Roll, Mixed Tropical Fruit Milk	2 Veal Cacciatore Pasta Farfalle Green Beans Roll, Orange Milk	3 <u>CENTER CLOSED</u> 
6 Cheese & Herb Ravioli w/Marinara Sauce Lima Beans Roll Juice, Yogurt, Milk	 7 Cajun Lemon Tilapia Brown Rice Pilaf Green Beans Roll, Mixed Fruit Milk	8 Chicken Pot Pie Mashed Potato Broccoli Roll, Apple Milk	 9 Baked Ziti w/Sausage San Francisco Blend Garlic Bread Peaches Milk	10 Grilled Chicken Sandwich w/Cheese Creamy Parmesan Garlic Pasta Salad, Mandarin Oranges Milk
13 Crab Cake Roasted Potatoes Mixed Vegetables Roll Juice, Yogurt, Milk	14 Spaghetti w/Meat Sauce & Mushrooms Italian Vegetables Garlic Bread, Orange Milk	15 Baked Cod Quinoa, Kale & Edamame Rice Roasted Zucchini Roll, Peaches Milk	16 Baked Glazed Ham Mashed Sweet Potatoes Green Beans Roll, Mandarin Oranges Milk	 17 Hamburger Lettuce & Tomato Tater Tots Coleslaw, Pineapple Milk
20 Chicken Enchilada w/Green Salsa Aztec Brown Rice Mixed Vegetables Juice, Yogurt, Milk	21 Chef Salad (Ham, Turkey, Cheese, Egg Lettuce, Tomato, Dressing) Saltine Crackers, Peaches Milk	22 Beef Lasagna Italian Vegetables Garlic Bread Mandarin Oranges Milk	23 Country Fried Steak w/Country Gravy Mashed Potatoes Carrots, Roll, Orange Milk	24 Pork Carnitas Mexican Rice Corn Roll, Pineapple Milk
 27 Carbonara w/Ham Penne Pasta Italian Vegetables Roll Juice, Yogurt, Milk	28 Blackened Pangasius w/Garlic Aioli, Rice Pilaf Sauteed Peppers & Onion Roll, Pinaepple Milk	29 Egg Salad Sandwich Couscous Salad w/Balsamic Vinaigrette, Carrots Orange Milk	30 Pork Crumble Mac & Cheese Edamame Roll Orange Milk	 31 Chicken Cacciatore Wild Rice Pilaf CA Vegetable Blend Roll, Pear Milk

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LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
	 =Dia De Alto Sodio	1 Pollo Marsala Fideos De Huevo Calabacin Asado Panecillo, Mezcla De Frutas Tropicales, Leche	2 Ternera A La Cacciatora Pasta Farfalle Judias Verdes Panecillo, Naranja Leche	3 CENTRO CERRADO 
6 Raviolis De Queso Y Hierbas c/Salsa Marinara Habas Panecillo Jugo, Yogur, Leche	7 Tilapia A Limon Cajun Pilaf De Arroz Integral Judias Verdes Panecillo, Fruta Mixtas Leche	8 Pastel De pollo Puree De Papa Brocoli Panecillo, Manzana Leche	9 Ziti Al Horno c/Salchicha Mezcla San Francisco Pan De Ajo Durazanos Leche	10 Sandwich De Pollo A La Parrilla c/Queso Ensalada De Pasta Cremosa c/Parmesano Y Ajo, Mandarinas, Leche
13 Pastel De Cangrejo Patatas Asadas Verduras Mixtas Panecillo Jugo, Yogur, Leche	14 Espaguetis c/Salsa De Carne Y Champinones, Verdura Italiana Pan De Ajo, Naranja Leche	15 Bacalao Al Horno Arroz c/Quinoa, Kale Y Edamame, Calabacin Asado Panecillo, Durazano Leche	16 Jamon Glaseado Al Horno Pure De Batata Dulce Judias Verdes Panecillo, Madarinas Leche	17 Hamburguesa Lechuga Y Tomate Bolitas De Papa Ensalada De Col, Pina Leche
20 Enchilada De Pollo c/Salsa Verde Arroz Integral Azteca Verdura Mixta Jugo, Yogur, Leche	21 Ensalada Del Chef (Jamon, Pavo, Queso, Huevo, Lechuga, Tomate, Vendaje) Galletas Saladas, Durazno Leche	22 Lasagna De Res Verdura Italiana Pan De Ajo Mandarinas Leche	23 Bistec Empanizado Al Campestre c/Salsa Campestre Pure De Papa Zanahorias, Naranja Leche	24 Carnitas De Cerdo Arroz Mexicano Elote Panecillo, Pina Leche
27 Carbonara c/Jamon Pasta Penne Verdura Italiana Panecillo Jugo, Yogur, Leche	28 Pangasius Ennegrecido c/Aioli De Ajo, Arroz Pilaf Pimientos Y Cebollas Salteados Panecillo, Pina Leche	29 Sandwich De Ensalda De Huevo Ensalada De Cuscus c/Vinagreta Balsamica, Zanahorias, Naranja Leche	30 Macarrones c/Queso Y Cerdo Edamame Panecillo Naranja Leche	31 Pollo A La Cacciatora Pilaf De Arroz Silvestre Mezcla De Verdura CA Panecillo, Pera Leche