

Menu subject to change based on product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Herb Baked Chicken Parmesan Spinach Orzo Roasted Zucchini Cake Milk	2 Tuna Salad Sandwich Mediterranean Salad Baked Chips Tropical Fruit Milk	3 Greek Chicken Salad (Lettuce, Cucumber, Red Onion, Kalamata Olives, Feta Cheese, Italian Dressing) Roll Mandarin Oranges, Milk	4 Beef Stroganoff Egg Noodles Peas, Roll Pineapple Tidbits Milk
7  LABOR DAY	8 Vegetable Lasagna Edamame Roll Pineapple Tidbits	9 Salmon w/Balsamic Sauce Brown Rice Pilaf Roasted Brussels Sprouts Pear Milk	10 Teriyaki Chicken Jasmine Brown Rice Asian Vegetables Hawaiian Roll, Apple Milk	11 Pork Chili Verde Cilantro Lime Rice Rancho Fiesta Mix Roll, Mandarin Oranges Milk
14 Fisherman's Platter (Fried Cod, Shrimp, Calamari) Coleslaw French Fries Juice, Yogurt, Milk	15 BBQ Chicken Mashed Potato Garden Vegetables Roll, Cake Milk	16 Beef Enchiladas Aztec Brown Rice Chuckwagon Corn Pineapple Tidbits Milk	 17 Roasted Turkey w/Gravy Mashed Potatoes Green Beans Roll, Mandarin Oranges Milk	18 Beef Stew Potatoes & Carrots Tricolor Cauliflower Roll, Peaches Milk
21 Chicken Salad Sandwich Beet & Garbanzo Salad Lettuce & Tomato Juice, Yogurt, Milk	22 Salisbury Steak w/Gravy Mashed Potato Brussels Sprouts w/Fajita Veggies, Roll Peaches, Milk	23 Sweet & Sour Chicken Fried Brown Rice Sautéed Bok Choy Hawaiian Roll, Pineapple Milk	24 Spaghetti w/Meatballs & Marinara Sauce Italian Blend Vegetables Roll, Banana Milk	25 Butter Chicken Brown Rice Steamed Spinach Naan, Mandarin Oranges Milk
28 Roasted Turkey Sandwich Beet & Garbanzo Salad Lettuce & Tomato Juice, Yogurt, Milk	29 Bangers & Mash (Sausage & Mashed Potato) Peas Cake Milk	 30 Chicken Marsala Egg Noodles Roasted Zucchini Roll, Mixed Tropical Fruit Milk	 =High Sodium Day	

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LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
	1 Pollo Al Horno c/Hierbas Orzo c/Espinacas Y Parmesano Calabacin Asado Panecillo, Pastel Leche	2 Sandwich De Ensalada De Atun Ensalada Mediterranea Chips Horneados Fruta Tropical Leche	3 Ensalada Griega De Pollo (Lechuga, Pepino, Tomate, Cebolla Roja, Aceitunas Kalamata, Queso Feta) Panecillo, Mandarinas, Leche	4 Stroganoff De Ternera Fideos De Huevo Guisantes Panecillo, Pina Leche
7 CENTRO CERRADO  LABOR DAY	8 Lasana De Verduras Edamame Panecillo Pina Leche	9 Salmon c/Salsa Balsamica Pilaf De Arroz Integral Coles De Bruselas Asadas Pera Leche	10 Pollo Teriyaki Arroz Integral Jazmin Verduras Asiaticas Panecillo Hawaiano Manzana, Leche	11 Chile Verde De Cerdo Arroz c/Cilantro Y Lima Mezcla Estilo Rancho Fiesta Panecillo, Mandarinas Leche
14 Fuente Del Pescador (Bacalao, Camarones, Calamares Fritos) Ensalada De Col, Papas Fritas Jugo, Yogur, Leche	15 Pollo BBQ Puree De Papa Verduras De Huerto Panecillo, Pastel Leche	16 Enchiladas Rojas De Carne Arroz Integral Azteco Elote Chuckwagon Pina Leche 	17 Pavo Asado c/Salsa Puree De Papa Judias Verdes Panecillo, Mandarinas Leche	18 Estofado De Ternera Papas Y Zanahorias Coliflor Tricolor Panecillo, Duraznos Leche
21 Sandwich De Ensalada De Pollo Ensalada De Remolacha Y Garbanzos, Lechuga Y Tomate Jugo, Yogur, Leche	22 Filete Salisbury c/Salsa Puree De Papa Coles De Bruselas c/Fajitas Panecillo, Duraznos Leche	23 Pollo Agridulce Arroz Intregal Frito Bok Choy Salteado Panecillo Hawaiano, Pina Leche	24 Espaguetis c/Albondigas Y Salsa Marinara Verdura Italiana Pan De Ajo, Platano Leche	25 Pollo A La Mantequilla Arroz Intregal Espinacas Al Vapor Naan, Mandarinas Leche
28 Sandwich De Pavo Asado Ensalada De Remolacha Y Garbanzos Lechuga Y Tomate Leche	29  Bangers & Mash (Salichichas Y Puree De Papa) Guisantes Panecillo, Pastel Leche	30 Pollo Al Marsala Fideos De Huevo Calabacin Asado Panecillo, Mezcla Fruta Tropical, Leche	 =Dia De Alto Sodio	