Mizell Center Menu November 2026

Menu subject to change based on product availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 ⚠ Philly Cheese Steak Sandwich Baked Potato Wedges Side Salad Juice, Yogurt, Milk	**3** Chicken Parmesan Farfalle Pasta Italian Vegetables Roll, Mandarin Oranges Milk	**4** Chili w/Beef & Beans Tricolor Cauliflower Whole Grain Cornbread Fruit Cocktail Milk	**5** Red Snapper w/Creamy Piccata Corn Tomato Hash Parmesan Asparagus Roll, Orange Milk	**6** Swedish Meatballs Egg Noodles Winter Blend Veggies Roll, Cake Milk
9 ⚠ Chicken Salad Sandwich Lettuce & Tomato Beet & Garbanzo Salad Baked Potato Chips Juice, Yogurt, Milk	**10** Pork Loin w/Gravy Mashed Potatoes Corn Roll, Orange Milk	**11** **CENTER CLOSED** 	**12** Chicken Alfredo Farfalle Pasta San Francisco Blend Roll, Peaches Milk	**13** Catfish Po'boy Slaw Mix w/Tomatoes French Fries Mandarin Oranges Milk
16 ⚠ Crab Cakes Potatoes O'Brien Broccoli Roll Juice, Yogurt, Milk	**17** Shepard's Pie Mashed Potatoes Lima Beans Roll, Orange Milk	**18** Salmon w/Balsamic Sauce Rice Pilaf Roasted Brussels Sprouts Roll, Mixed Tropical Fruit Milk	**19** Chicken Florentine Farfalle Pasta Key Largo Vegetables Roll, Cake Milk	**20** Pollo A La Firenze Bowtie Pasta Roasted Zucchini Roll, Banana Milk
23 Lobster Ravioli w/Parma Rosa Sauce Peas Garlic Bread Juice, Yogurt, Milk	**24** Tilapia w/Pineapple Salsa Rice Pilaf Carrots Roll, Mandarin Oranges Milk	**25** Roasted Turkey w/Gravy Sweet Potato Medley Cornbread Stuffing Tropical Fruit Milk	**26** **CENTER CLOSED** 	**27** **CENTER CLOSED** 
30 ⚠ Easy Carbonara w/Ham Mushrooms & Onions Penne Pasta Roll, Italian Vegetables Juice, Yogurt, Milk	⚠ **=High Sodium Day**			

"The project, including all materials, products, and services, is partially funded by the California Department of Aging, as allocated by the Riverside County Board of Supervisors, and administered by the Riverside County Office on Aging".

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Menu subject to change based on product availability

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
2 ⚠ Sandwich De Philly Cheesesteak, Gajos De Papa Al Horno, Ensalada De Acompanamiento Jugo, Yogur, Leche	**3** Pollo A La Parmesana Pasta Farfalle Verduras Italiana Panecillo, Mandarinas Leche	**4** Chili c/Carne Y Frijoles Coliflor Tricolor Pan De Maiz Integral Coctel De Frutas Leche	**5** Pargo Rojo c/Salsa Piccata Cremosa, Salteado De Maiz Y Tomate, Parmesano Esparragos, Panecillo Naranja, Leche	**6** Albondigas Suecas Fideos De Huevo Mezcla De Verduras De Invierno, Panecillo, Pastel Leche
9 ⚠ Sandwich De Ensalada De Pollo Lechuga Y Tomate Ensalada De Remolacha Y Garbanzos, Chips Horneados Jugo, Yogur, Leche	**10** Lomo De Cerdo c/Salsa Pure De Papa Elote Panecillo, Naranja Leche	**11** **CENTRO CERRADO** 	**12** Pollo Alfredo Pasta Farfalle Mezcla San Francisco Panecillo. Duraznos Leche	**13** Sandwich Po'boy De Bagre Ensalada De Col c/Tomate Papas Fritas Mandarinas Leche
16 ⚠ Tortitas De Cangrejo Papas O'Brien Brocoli Panecillo Jugo, Yogur, Leche	**17** Pastel De Carne Pure De Papa Habas Panecillo, Naranja Leche	**18** Salmon c/Salsa Balsamica Arroz Pilaf Coles De Bruselas Asadas Mezcla De Fruta Tropical Leche	**19** Pollo A La Florentina Pasta Farfalle Verdura Key Largo Panecillo, Pastel Leche	**20** Pollo A La Firenze Pasta De Lazo Calabacin Asado Panecillo, Platano Leche
23 Raviolis De Langosta c/Salsa Parma Rosa Guisantes Pan De Ajo Jugo, Yogur, Leche	**24** Tilapia c/Salsa De Pina Arroz Pilaf Zanahorias Panecillo, Mandarinas Leche	**25** Pavo Asado c/Salsa Mezcla De Batatas Relleno De Pan De Maiz Fruta Tropical Leche	**26** **CENTRO CERRADO** 	**27** **CENTRO CERRADO** 
30 ⚠ Carbonara Facil c/Jamon Champinones Y Cebollas Pasta Penne Verdura Italiana, Panecillo Jugo, Yogur, Leche	⚠ **=Dia De Alto Sodio**			

"El proyecto, incluyendo todos los materiales, productos y servicios, está parcialmente financiado por el Departamento de Envejecimiento de California, según lo asignado por la Junta de Supervisores del Condado de Riverside, y administrado por la Oficina de Envejecimiento del Condado de Riverside.