

Special Events

Senior Scam Stopper Seminar

Friday, October 2

9:00 - 11:00 a.m.

Assemblymember Greg Wallis hosts a free Senior Scam Stopper Seminar at Mizell Center, sharing important information about scams targeting older adults and how to recognize the warning signs. Get practical tips for protecting your personal information and finances, avoiding common scams, and knowing what to do if you become a target.

Free

RSVP: asmrc.org/dg/ps2026

Mah Jong – Beginners (American)

Saturday, October 3 & Sunday, October 4

10:00 a.m. - 12:00 p.m.

Or Saturday, October 17 & Sunday, October 18

10:00 a.m. - 12:00 p.m.

Learn the basics of American Mah Jong in this two-day beginner class. Perfect for those new to the game and ready to learn the fundamentals in a friendly, supportive setting.

\$100 Members | \$150 Non-members

Esophageal Cancer Health Education Seminar

Monday, Oct 5

10:00–11:00 a.m.

Coffee and bagels provided.

Learn important information about esophageal cancer. It is cancer that can develop without noticeable symptoms or warning signs. The session will explain how a simple

screening option can help identify Barrett's Esophagus, a pre-cancerous condition that may lead to esophageal cancer.

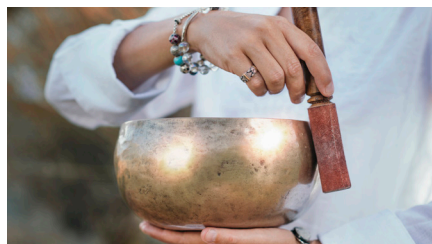
Lucid Diagnostics will share information about its innovative **EsoGuard® test**, designed to detect precancerous changes before they progress, giving individuals the opportunity to take action and discuss with their healthcare provider.

Presented by Lucid Diagnostics, a medical technology company dedicated to helping prevent esophageal cancer through early detection.

Community Partner:
Cathedral City Senior Center

Sound Bath: Self-Care

Saturdays, October 3, 10, 17, 24 & 31
11:00 a.m.



Take a little time for yourself with a relaxing Saturday Sound Bath at The Sukha Life Studio. Mats, bolsters, pillows and blankets are provided as participants are guided through relaxation and soothing sound. Mizell members invited for a special discounted price.

\$20 Members

*** The Sukha Life Studio is located at 2500 N Palm Canyon Drive, Suite D4, Palm Springs, CA 92262.**

Registration at the Program Registration Office or call 760-323-5689 x107

Laughter Yoga

Mondays, October 5 & 19

12:00-12:45 p.m.

Combine intentional laughter with simple breathing exercises in this fun, uplifting class. Reduce stress, boost your mood, and discover the benefits of laughter-no jokes or yoga poses required!

Free

Gentle Stretching

Tuesdays, October 6 - December 22

11:00 - 11:45 a.m.

Increase flexibility, improve range of motion and help protect yourself from injury. This gentle, breath-focused session features poses and mindful movements to help your body feel more aware. Bring a yoga mat, a towel, water and your enthusiasm!

\$6 Members | \$10 Non-members

Mizell Concert Series

Patrice Morris

Thursday, October 8

5:30 p.m. Reception

6:00–7:30pm Show

The Mizell Concert Series

launches with acclaimed vocalist **Patrice Morris**, a former member of the legendary 5th Dimension. Morris brings a powerful voice, dynamic stage presence and a versatile repertoire spanning jazz, pop and contemporary favorites. An evening of great music, community and entertainment.

Tickets: HarveyA@Mizell.org



Journeys of Hope Before the Parade: The History That Shaped Pride

Thursday, October 8

1:00 - 2:30 p.m.

Opening Remarks:

Jasmine Sullivan Waits,

Executive Director,
Palm Springs Pride

Featured Speaker:

Kevin Jennings, Chief Execu-
tive Officer, Lambda Legal

As Palm Springs Pride ap-
proaches, there is much to
celebrate: decades of progress,
greater visibility and countless
lives changed by the courage
of those who came before us.

Kevin Jennings of Lambda
Legal looks at the history that
shaped Pride—from its be-
ginnings as a movement for
dignity, equality and the right
to live openly and safely, to the
progress that followed. Under-
standing that history helps us
celebrate how far the LGBTQ+
community has come while rec-
ognizing the work that continues.

Free

Reservations: 760-323-5689

Lead Community Partner:

Palm Springs Pride

Community Partners:

Brothers of the Desert

Courageous Resistance

HARP

LGBTQ Community Center

of the Desert

LGBTQ+ Archives of the Desert

Let's Kick Ass

Living Out

Palm Springs Leather Order of

the Desert

PALS

PS Test

**Transgender Health &
Wellness Center**

Easy Yoga at Mizell

Saturdays, October 10 - December 19

8:30 - 9:15 a.m.

Yoga (Sanskrit: "union") is a
mindful engagement of moving
your body with breath. Experience
gentle moves designed to help you
stay more flexible and fit. Bring a
yoga mat, a towel, water and your
sense of curiosity.

\$6 Members | \$10 Non-members

Latina Lesbian Social Celebrating National Hispanic Heritage Month

Sunday, October 11

3:00 - 5:00 p.m.

An old-school Latina lesbian
social celebrating Latina lesbian
spirit. Open to allies, friends and
loved ones. Nothing fancy—net-
work and mingle! Beverages
and light snacks will be served.

Free

RSVP: ritargonzales1951@gmail.com

Medicare Questions? Get Answers

Wednesday, October 14

10:00 a.m. to 2:00 p.m.

Heath Britt, Licensed Insurance

Agent specializing in Medicare, will
answer questions about enrollment
periods, coverage options, prescrip-
tion drug coverage, working past age
65, and other Medicare topics—all ex-
plained in clear, everyday language.

These educational drop-in ses-
sions are open to anyone who wants
to feel more informed and confident
about Medicare. No enrollments will
be conducted during the session;
individual appointments may be
scheduled separately.

Free

Lotería Celebrando el Mes Nacional de la Herencia Hispana

Martes, 13 de Octubre

2:00 p.m.

Únete a la Asociación de

Alzheimer y al Centro Mizell para
una divertida partida de Lotería.
Este juego de Lotería está diseñado
para representar hábitos salud-
ables y se va a jugar tradiciona-
lmente. ¡Una tarde entretenida
para aprender hábitos sobre vida
saludable con la oportunidad
de ganar excelentes premios!
Un presentador anuncia cada
imagen con una frase divertida
mientras los jugadores marcan
sus cartas.

Gratis

Programa presentado
en español e inglés.

American Sign Language

Wednesdays, October 14, 21;

November 4, 18, 25; December 2, 9 & 16

10:30 a.m. - 12:00 p.m. | 8 weeks

Eight-week introductory course
covering essential ASL vocabulary
and conversational skills.

\$80 Members | \$100 Non-members

Paint an Acrylic Window

Wednesdays, October 14, 28;

November 4 & 18

6:00 - 8:00 p.m.

Plan an artistic image or design
on paper and then paint it onto
a framed, ready-to-hang glass or
plexiglass panel or shadow box
for immediate placement in a
window. Students will produce
an art piece that mimics
stained glass.

All materials provided.

\$85 Members | \$125 Non-members

October Birthday Celebrations

Thursday, October 15

11:15 a.m.-12:15 p.m.

Celebrate October birthdays
with cake and coffee, courtesy
of our friends at **Billhartz
Insurance Agency** – because
our seniors deserve to be
celebrated sweetly, together,
and in great company!

Register for programs, classes or events: Mizell.org, Program Office or 760-323-5689

Mizell Bingo

Thursday, October 15

1:00 - 3:00 p.m.

Bingo is back at Mizell! Play for a chance to win the **\$200 Grand Prize** while enjoying snacks, sodas and sweet treats. Bingo is called in both English and Spanish. Come for the fun, prizes and great company!

\$12 Members | \$15 Non-members | \$20 Day-of Registration

Additional Dates: Thursday, November 19 & Thursday, December 17

AARP Safe Driving

Friday, October 16

9:30 a.m. - 1:30 p.m.

This AARP driver course is the nation's first refresher course. It is designed for anyone who has taken a safe-driving course within the last three years.

\$20 AARP Members | \$25 Non-members

Mizell Kitchen

The Art of the Perfect Drop Biscuit

Sunday, October 18

1:00 - 3:00 p.m.

Master the art of baking drop biscuits! **Chef Chris** will guide you through the biscuit-making process, and you'll leave with a scrumptious assortment of biscuits.

\$20 Members | \$35 Non-members

Coming Up:

Best Brownies & Blondies Ever
November 16

Caviar & Champagne
December 17

Art Fridays *Artists Sought Art & Wine | The Perfect Pairing 4:00 to 7:00 p.m.

Are you a painter, ceramic artist, jeweler, photographer, sculptor, fiber artist or woodworker?

Showcase your work at **ART FRIDAYS**, our new monthly indoor artists market held **every third Friday from 4:00–7:00 p.m. beginning January 2027.**

This is a wonderful opportunity to exhibit your art, meet new customers and connect with fellow artists. Share your talent, grow your audience, and become part of this exciting monthly tradition.

Email EctorS@Mizell.org for booth information and registration

Colored Pencil Drawing with Le Roy Boucher

Mondays, October 19, 26 & November 2

10:00 - 11:30 a.m.

Discover the possibilities of colored pencil in this three-session class. Learn techniques for layering, blending, shading and adding rich color while creating handmade cards. Whether you're new to colored pencil or experienced, this class offers a fun way to create something personal to share with friends and family.

Materials provided.

\$45 Members | \$60 Non-members

Strength, Muscle & Women's Health

Monday, October 19

10:00 - 11:30 a.m.

Dr. Rachel Faber of Muscle Is Medicine leads an empowering talk exploring how building and maintaining muscle supports bone density, cognitive function and metabolic health after menopause. Learn to cut through common fitness and nutrition myths for women over 40 and gain practical, approachable strategies to begin strength training safely at any level.

Free

Books & Beyond
You Only Die Once: How to Make It to the End with No Regrets

by Jodi Wellman

Monday, October 19

5:30 p.m.

Start the season with purpose.

Join author **Jodi Wellman** to explore her book, **You Only Die Once: How to Make It to the End with No Regrets**. Most Americans average just 4,000 Mondays in an entire lifetime. Rather than feeling daunting, that number can provide the motivation to snap out of autopilot routines.

This lecture empowers older adults to examine how they are spending their time, eliminate potential regrets and jump-start their weeks with joy. Embrace the present, seize your remaining Mondays and intentionally design a vibrant, fulfilling next chapter.

Suggested Donation: \$5

Jodi Wellman is a speaker, executive coach and author who inspires people to live with intention and purpose.

Acting for Television & Film

Tuesdays, October 20 - December 8

2:30 - 4:30 p.m.

Students will perform assigned commercials and television and film scripts on camera. Feedback is provided during playback. Beginners and experienced actors are welcome.

\$10 Members | \$12 Non-members

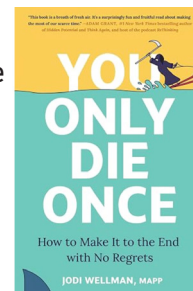
Medicare Updates & Answers

Wednesday, October 21

1:00–1:30 p.m.

Medicare Updates & Answers brings Mizell Center's Medicare insurance Business Partners together in one place to help you prepare for Open Enrollment. Whether you're new to Medicare or already enrolled, join us at Mizell Center to meet our Medicare specialist insurance providers, discuss changes that may affect your coverage, explore your Medicare insurance options and get answers to your questions.

Free



Register for programs, classes or events: Mizell.org, Program Office or 760-323-5689

Experimental Approaches to Painting and Drawing

Wednesdays, October 21 - December 2
1:00 - 3:00 p.m.

This course explores diverse approaches to drawing and painting, from observational techniques such as still-life drawing to experimental abstract painting.

Materials provided.

\$85 Members | \$125 Non-members

The Art of Collage

Monday, October 26
5:30 - 7:30 p.m.

Collage is a powerful art form—a way to tell stories, explore ideas and express what words alone cannot capture. Whether you are imagining new adventures, personal growth, creative pursuits or simply a renewed sense of purpose, this class offers a meaningful opportunity to pause, dream and create.

No artistic experience is needed—just curiosity and a willingness to imagine what's possible.

Materials provided.

\$25 Members | \$35 Non-members

Richard Poulin

Featured Artist in the Gallery

Exhibition: Wednesday, October 14 -
Monday, November 30

Reception: Monday, October 26
5:30 - 6:30 p.m.

Richard Poulin is a designer, educator, author and fine artist. His mixed-media collages delve into the worlds of masculinity, memory and identity by assembling archival elements and evocative images that connect personal history with collective experiences. Richard's work has been exhibited throughout the United States and is in the collections of several private collectors. He is represented by Brian Marki Fine Art in Palm Springs and Bowersock Gallery in Provincetown.

RichardPoulin.net

3rd Wednesday Speaker Series Special Feature:

Voices That Build Community

Wednesday, October 21
6:00 p.m.

Tonight's program explores one of our region's greatest cultural strengths: our extraordinary choral community. Artistic directors whose organizations have helped make the Coachella Valley a vibrant center for choral music come together for a conversation about the history and future of singing in our community.

The discussion will explore choral music's roots in the Coachella Valley, the role of lifelong learning and community engagement in sustaining the arts, and the social, emotional and health benefits of singing together.

Confirmed participants include **Evan Miles** of *Modern Men*, **Linda Moran** of *A Cabbello in Residency at Mizell*, **Doug Nagel** of *Coachella Valley Classical Voices*, **Alan Scott** of *Coachella Acappella* and **Jerry Soria-Foust** of *Palm Springs Gay Men's Chorus*.

Register:

Mizell.org/3rd-wednesday/
Free

Italian Conversation

Thursdays, October 22, 29;
November 5, 12 & 19
12:00 - 1:15 p.m.

Speakers of all levels are welcome—from beginners building confidence to native speakers looking for connection. Improve fluency through conversation and supportive practice.

\$3 Members | \$5 Non-members

Capacitación de Preparación Para Desastres

Miércoles, 28 de octubre

Sesión en español: 9:30–11:30 a.m.

***Desayuno ligero**

Sesión en inglés: 12:30–2:30 p.m.

***Postre y café**

Esté preparado cuando más importa. Únase a Inland Coalition on Aging, AARP, Inland Caregiver Resource Center para una capacitación de preparación para desastres de Cal OES diseñada específicamente para adultos mayores, adultos con discapacidades y cuidadores. Aprenda formas prácticas de prepararse para los desastres comunes en nuestra región desértica, como el calor extremo, las inundaciones y los incendios forestales. Se distribuirán kits de preparación para emergencias a los participantes.

Gratis

Emergency Preparedness

Wednesday, October 28

Spanish Session: 9:30 - 11:30 a.m.

***Continental Breakfast**

English Session: 12:30 - 2:30 p.m.

***Dessert & Coffee**

Join **Cal OES** for an interactive emergency preparedness training designed specifically for older adults, adults with disabilities and caregivers.

Learn practical ways to prepare for emergencies common to our desert region, including extreme heat, flooding and wildfires. Emergency preparedness kits will be distributed to attendees.

Free

Rock Love

Saturday, October 31 & Sunday,
November 1

9:00 a.m. - 3:00 p.m.

Rock Love presents a crystal sale featuring raw specimens, polished materials and a limited supply of gems.

20% of all sales benefit Mizell Center.

Instagram: [@rocklovefw](https://www.instagram.com/rocklovefw)

Register for programs, classes or events: Mizell.org, Program Office or 760-323-5689

SAVE THE DATES!

Mah Jong Soiree

Friday, November 13

5:30 - 7:30 p.m.

Dress up, and let the tiles fall where they may!

Join us for a glamorous evening featuring cocktails, fabulous appetizers, friendly competition and plenty of Mah Jongg fun—all in support of Mizell Center. Thank you for making last year's Soiree such a wonderful success. We look forward to having you back with us for another unforgettable evening.

\$50

Reserve your seat: EctorS@Mizell.org

A Cabbello

California Dreamin'

Saturday, November 21

7:00 p.m.

Sunday, November 22

3:00 p.m.

A Cabbello presents *California Dreamin'*, celebrating the sounds of Southern California from the '60s through the '80s, at Revolution Stage Company in Palm Springs.

Tickets available through
Revolution Stage Company.

New Mobility Equipment Loan Program

Cabin by the Lake has generously donated funds for Mizell to establish a **Mobility Equipment Loan Program** for individuals who need mobility equipment on a short-term basis and may not have the financial means to purchase it.

The program provides access to items such as walkers, wheelchairs and other mobility devices to help individuals remain safe,



active and independent while recovering from an illness, injury or other temporary circumstances.

This program reflects Mizell's commitment to enriching the lives of older adults by providing services that support independence, wellness, dignity and connection. We are deeply grateful to **Cabin by the Lake** for helping expand the ways Mizell can respond to the practical needs of our community.

For more information, contact Harvey Arias at harveya@mizell.org or call **760-323-5689, Ext. 120**

Solar Project Update

Substantial construction on **Mizell's new solar carports**

began

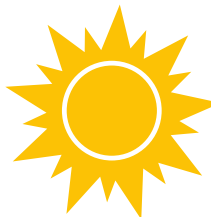
Monday, September 21

and is expected to continue **throughout October**. The project, funded by the City of Palm Springs through Measure J, will provide shaded parking for 46 spaces while generating clean energy. **During construction, sections of the parking lot will be fenced off and parking will be limited.**

Mizell will remain open, and programs and services will continue as scheduled. Please allow a little extra time, use caution around construction areas and follow posted signs.

And one important reminder: **Please do not park in designated fire lanes or along red curbs**, even when the lot is full. These areas must remain clear for emergency access.

Thank you for your patience while the work is underway!



HELP MAKE HALLOWEEN SWEET!

Mizell Center is collecting candy to help students at **Katherine Finchy Elementary School** enjoy a great Halloween. Help us treat our neighborhood kids! Donate individually wrapped candy by

October 23.

Drop off or deliver to:

Rosa, c/o Mizell Center
480 S. Sunrise Way, Palm Springs 92264



The Power of Membership

For just \$40 a year, enjoy exclusive discounts, free activities, and access to over 50 weekly programs at Mizell.

Join a vibrant community designed for mature adults, offering camaraderie, creativity, and connection.

Your membership supports a welcoming space full of life and opportunity.

**\$40 A YEAR = Money
Saving Benefits**

Register for programs, classes or events: Mizell.org, Program Office or 760-323-5689

Monday

Fun & Fit 55 Plus

8:00–8:45 a.m.

Donation to Instructor

Walking Aerobics

9:00–9:45 a.m.

\$6 Members | \$10 Non-Members

Qi Gong

9:00–9:45 a.m.

\$5 Members | \$8 Non-Members

Chess

10:00–11:30 a.m.

Open Play. All Levels

Chair Yoga

1:00–1:45 p.m.

\$6 Members | \$10 Non-Members

Alzheimer's (In the Beginning)

1st and 3rd Mondays

Monday October 5 & 19

1:00–1:45 p.m.

Support group for individuals recently diagnosed with Alzheimer's.

Free

Alzheimer's Caregivers

2:30–4:30 p.m.

Call 760-996-0006

Free

Tap Dance

4:30–5:15 p.m.

\$6 Members | \$10 Non-Members

Hula Dance *

Mondays and Thursdays

5:00–7:00 p.m.

* Mizell Rental Partner

Tuesday

Senior Fit Plus

8:00–8:45 a.m.

\$5 Members | \$8 Non-Members

Walking Aerobics

9:00–9:45 a.m.

\$6 Members | \$10 Non-Members

Better Brain & Balance

9:00–9:45 a.m.

\$8 Members | \$12 Non-Members

Line Dance (Beginners)

9:00–10:00 a.m.

\$6 Members | \$10 Non-Members

Line Dance (High Beginners)

10:00–10:45 a.m.

\$6 Members | \$10 Non-Members

Behrend Computer Tutor

10:00 a.m.–12:00 p.m.

\$15 Members | \$25 Non-Members

Party Bridge

1:00–3:00 p.m.

Room Access 12:45PM

\$3 Members | \$5 Non-Members

Mah Jongg (American)

1:00–3:00 p.m.

Room Access 12:45PM

\$3 Members | \$5 Non-Members

Tai Chi (Beginners)

1:00–1:45 p.m.

\$6 Members | \$10 Non-Members

Tai Chi (Intermediate)

2:00–2:45 p.m.

\$6 Members | \$10 Non-Members

Tai Chi (Advanced)

3:00–3:45 p.m.

\$6 Members | \$10 Non-Members

Wednesday

Cribbage

8:30–10:30 a.m.

\$3 members | \$5 non-Members

American Sign Language Beginners

10:30 a.m.–12:00 p.m.

\$80 Members | \$100 Non-Members

Family Hospice Care Bereavement Support Group

11:00 a.m.–12:15 p.m.

Free. Call T.R. Barton

to register: **760-674-3344**

Yoga-Stretch Floor Mat

12:00–12:45 p.m.

\$6 Members | \$10 Non-Members

Yoga Stretch

Gentle chair yoga for Seniors

1:00–1:45 p.m.

\$6 Members | \$10 Non-Members

Abstract Art Class

***Resumes October 21**

1:00–3:00 p.m.

6 Session Series

\$125 Members | \$165 Non-Members

Better Brain & Balance

1:00–1:45 p.m.

\$8 Members | \$12 Non-Members

Mahjong (Chinese)

Open Play

2:00–4:00 p.m.

Palm Springs Public Library

Program

Free

Experimental Approaches to Painting and Drawing

October 21 – December 2

1:00–3:00 p.m.

\$85 Members | \$125 Non-Members

Lunch at Mizell

Monday–Friday 11:15 a.m.–12:15 p.m.

Meals are just \$5

Additional contributions are always welcome.

For those on the
**Riverside County Senior
Congregate Meal Program,**
a \$3.00 contribution
is requested.

Thursday

Senior Fit Plus

8:00–8:45 a.m.

\$5 Members | \$8 Non-Members

French (Conversational)

11:00 a.m.–12:00 p.m.

\$3 Members | \$5 non-members

Better Brain & Balance

9:00–9:45 a.m.

***Begins October 15**

\$8 Members | \$12 Non-Members

Walking Aerobics

9:00–9:45 a.m.

\$6 Members | \$10 Non-Members

Behrend Computer Tutor

10:00 a.m.–12:00 p.m.

\$15 Members | \$25 Non-Member

Parkinson's Round Table

10:00–11:30 a.m.

1st and 3rd Thursdays

Advice and knowledge others can relate to and learn from your Parkinson's journey.

Info/Register (760)773-5628

October Birthday Celebrations

Thursday, October 15

11:15 a.m.–12:15 p.m.

Celebrate September birthdays courtesy of **Billhartz Insurance**

Agency

HICAP Medicare Counseling

1st and 3rd Thursdays

Register at Front Desk

Free

Thursday continued

Spanish (Beginners)

10:30–11:45 a.m.

\$100 Members | \$125 Non-Members

Spanish (Intermediate)

12:00–1:00 p.m.

\$100 Members | \$125 Non-Members

Better Brain & Balance

12:00–1:45 p.m.

760-328-4499 x2805

Spanish (Los Estudiantes) Study Group

1:15–3:15 p.m.

\$3 Members | \$5 Non-Members

Tai Chi (Beginners)

1:00–1:45 p.m.

\$6 Members | \$10 Non-Members

Tai Chi (Intermediate)

2:00–2:45 p.m.

\$6 Members | \$10 Non-Members

Tai Chi (Advanced)

3:00–3:45 p.m.

\$6 Members | \$10 non-members

Hula Dance *

Thursdays and Mondays

5:00–7:00 p.m.

* Mizell Rental Partner

Friday

Fun & Fit 55 Plus

8:00–8:45 a.m.

Donation to Instructor

Open Art Studio

8:30–10:30 a.m.

\$3 Member | \$5 Non-Member

Spanish (Advanced)

10:30–11:45 a.m.

8 Week Series

\$100 Members | \$125 Non-Members

Irish Dance for All

9:00–9:45 a.m.

\$6 Members | \$10 Non-Members

Line dance - Improver

9:15–10:00 a.m.

\$6 Members | \$10 Non-Members

Line dance

Intermediate Level

10:00–10:45 a.m.

\$6 Members | \$10 Non-Members

Chair Yoga

12:00–12:45 p.m.

\$6 Members | \$10 Non -Members

Mah Jongg (American)

10:00a.m.–1:00 p.m.

\$3 Members | \$5 Non -Members

Saturday

Mah Jongg Lessons (American)

Saturday & Sunday, October 3 & 4
and Saturday & Sunday, October 17 & 18

10:00 a.m.–12:00 p.m.

\$100 Members | \$150 Non mem.

Sound Bath

October 3, 10, 17, 24, 31

*** See Special Events Listing**

New Thought Now

(Formerly Global Truth Now)

Weekly

4:00–6:00 p.m.

Spiritual Community where

“Love Only” is the way.

Information:

Dr. James Melon: 818-508-7171

www.globaltruthcenter.org

* Mizell Rental Partner

Sunday

Overeaters Anonymous

Weekly

9:00–10:00 a.m.

River of Hope

October 4, 11, 18 & 25

8:00 a.m.

River of Hope is an ELCA Lutheran Congregation in the Pacifica Synod, recognized by Reconciling Works as an open and fully inclusive congregation

Karen Walton, 630-624-3247, ROH, Council President

Insight Community of the Desert

10:30 a.m.–12:00 p.m.

Buddhist Meditation and Dharma talk. Open to all.

Information: DesertInsight.org

Coffee House Rabbi

October 4 & 18

10:30 a.m.–12:00 p.m.

Discussions on Jewish scriptures.

Information: rabbisally.com

* Mizell Rental Partner

Progressive Gospel Circle

4th Sunday

12:00–1:00 p.m.

Information: Reverend Perry

Plang@earthlink.net

SGI-USA

Palm Valley Chapter

1st Sunday

1:30–3:30 p.m.

Nichiren Buddhism

Information: sgi-usa.org

* Mizell Rental Partner

Palm Springs Public Library

Visit the temporary location at

Rimrock Plaza (4721 E. Palm Canyon Dr.)

www.palmspringslibrary.org 760-322-7323 (READ)

Library Programs at Mizell Center

Mahjong Open Play

Wednesdays

2:00–4:00 p.m.

Play Chinese Mah Jong, and sharpen your skills. Some game sets available or bring your own. Free and open to all.

PS Genealogical Society

DNA Surprises

Saturday, October 3

10:00 a.m.–12:00 p.m.

Discusses the surprises and new family members she found after DNA testing.

Pop-Up Library at Mizell

Wednesday, October 28

10:00 a.m.–12:00 p.m.

Library staff can accept returned materials, issue new library cards, offer a small selection of items for checkout, and assist with Libby, our online platform for eBooks, audiobooks, and magazines.

Visit **PalmSpringsLibrary.org** for full event listings.



Mah Jong Soirée

An Evening Benefiting Mizell

Friday, November 13

Indulge in a glamorous Friday night of American and Chinese Mahjong: enjoy beverages, and delectable appetizers—all while supporting Mizell!

Reception: 5:30 – 6:00 p.m.

Games begin: 6:00 – 8:00 p.m.



Mizell

Office Hours: Questions, Ideas & Support

Have questions about Mizell Center programs, membership, operations or want to share your experience with us?

Meet with our Director of Operations & Programs

during Office Hours. This is an opportunity to ask questions,

Learn more about our services, provide feedback or simply connect with our team.

Monday October 12 & 26, 9:00–10:30 a.m.

Appointments are encouraged and may be scheduled through our Information & Referral Volunteers, located at the **front desk** or by calling **760-323-5689**.

Volunteer of the Month Anna Maria Prach

Each month, we're proud to recognize the extraordinary people who give their time, talent and heart to Mizell. This month, Mizell recognizes **Anna Maria Prach**.

Since 2018, **Anna Maria** has generously donated her time and talent by teaching four line dancing classes each week, bringing energy, fun, and connection to our community. Remarkably, she does it all as a volunteer, simply because she loves line dancing and loves sharing that joy with others.

Anna Maria's passion for



Anna Maria Prach

line dancing began more than 35 years ago when she watched a crowded dance floor moving in perfect unison and decided she wanted to be part of it. One lesson was all it took, and she has been hooked ever since. Today, that same enthusiasm shines through in every class she teaches.

Known for her warm personality, big smile, and genuine care for our constituents, **Anna Maria** creates an environment where everyone feels welcome. Her advice to beginners is simple: "Be brave, put one foot down, and start walking. The rest will come."

Thank you, **Anna Maria**, for your dedication, kindness, and for keeping Mizell dancing!



Concert Series

2026
2027



OCT 8, 2026

PATRICE MORRIS

Queens of Soul



DEC 10, 2026

CHRIS BENNETT
& BILL MARX

Something Wonderful



FEB 11, 2027

HOPE DIAMOND

Down-Home Blues



APR 8, 2027

FRANKIE MAMONE
& ANGIE DELAIRE

Heart to Heart